



JET LAG

Jet lag problems in a broader sense do not only affect travelers or flight personnel. Even in everyday work life there are many circumstances that cause similar stress: among shift workers, nursing staff, security guards etc., in short, people who have to change their sleeping habits again and again.

The JET LAG eases the adaptation to such given circumstances. It has an effect on everything physical, which has to do with rhythm. It can also be effective against seasickness or nausea in the car.

Each has a 2 hour phase of highest activity; immediately after that the organs are in a 2 hour regeneration phase. The JET LAG acts on the organs during the regeneration phase and harmonizes them. For this reason, the printed time phases of the organs are also shifted by 2 hours.

Le = Liver; Lu = Lungs; Di = Colon;
Ma=Stomach;MP=Spleen/Pancreas;
He = Heart; DÜ = Small Intestine;
Bl = Bladder; Ni = Kidneys;
KS = Circulation Sexus;
3E = Triple Heater; Gb = Gallbladder



TECHNICAL DETAILS

Material: Glass

Size: Ø approx. 38 mm